

Advanced Anabolic Stack for bulking and increasing massive size and strength

| | Test 450mg | Deca 100mg | Equipoise | Winstrol Extra Strength |
|---------------------------------------|--------------------|-------------------|------------------|------------------------------------|
| Week 1 | | | | |
| Daily Morning | | | | 1tb |
| Daily Afternoon | | | | 0.5 tbs |
| Wednesday | 1.5 ml | 1ml | 1ml | |
| Sunday | 1.5 ml | 1ml | 1ml | |
| Week 2 | | | | |
| Daily Morning | | | | 1tb |
| Daily Afternoon | | | | 0.5 tbs |
| Wednesday | 2 ml | 1ml | 1ml | |
| Sunday | 2 ml | 1ml | 1ml | |
| Week 3 | | | | |
| Daily Morning | | | | 1tb |
| Daily Afternoon | | | | 1tb |
| Wednesday | 2 ml | 1ml | 1ml | |
| Sunday | 2 ml | 1ml | 1ml | |
| Week 4 | | | | |
| Daily Morning | | | | 1tb |
| Daily Afternoon | | | | 1tb |
| Wednesday | 2 ml | 1ml | 1ml | |
| Sunday | 2 ml | 1ml | 1ml | |
| Week 5 | | | | |
| Daily Morning | | | | 1tb |
| Daily Afternoon | | | | 1tb |
| Wednesday | 2 ml | 1ml | 1ml | |
| Sunday | 2 ml | 1ml | 1ml | |
| Week 6 | | | | |
| Daily Morning | | | | 1tb |
| Daily Afternoon | | | | 1tb |
| Wednesday | 2 ml | 1ml | 1ml | |
| Sunday | 2 ml | 1ml | 1ml | |
| Week 7 | | | | |
| Daily Morning | | | | 1tb |
| Daily Afternoon | | | | 0.5 tbs |
| Wednesday | 2 ml | 1ml | 1ml | |
| Sunday | 2 ml | 1ml | 1ml | |
| Week 8 | | | | |
| Daily Morning | | | | 1tb |
| Daily Afternoon | | | | 0.5 tbs |
| Wednesday | 1.5 ml | 1ml | 1ml | |
| Sunday | 1.5 ml | 1ml | 1ml | |
| Total Needed ----->>> | 30ml | 16ml | 16ml | 100 tabs |
| | 3 x bottles | 2 bottles | 2 bottles | 2 packets |
| Units Needed | 3 | 2 | 2 | 2 |
| | Test 450mg | Deca 100mg | Equipoise | Winstrol Extra Strength |

Notes

This stack does not include estrogen blockers.

3IU (or 2,5IU twice a day) of Growth Hormone should be included

The idea here is to allow the aromatizing of testosterone into estrogen to happen more freely for more gains but not a crisp look

You need estrogen to build muscle so we are allowing it to convert much more than usual

Equipoise is being included to increase the appetite and it is strongly recommended to speak to pay John Leslie for a bulking diet

For added size insulin could be included but its also strongly advised to pay John Leslie for a insulin regime to match the diet

Constant monitoring should be done with this stack and if there is to much water retention estrogen blockers should be included

John Leslie 082 638 5109

After this cycle we can move to a dieting or leaning down cycle