Female Introduction Cycle						
	Week 1	**Week 2**	**Week 3**	**Week 4**	**Week 5**	**Week 6**
Winstrol tabs	2.5mgs/day	5mgs/day	5mgs/day	5mgs/day	5mgs/day	2.5mg/day
Clenbuterol						40mgs/day
Vit B12	1ml/week	1ml/week	1ml/week			
	Week 7	**Week 8**	**Week 9**			
D-Bol	25mgs/day	25mgs/day				
Clenbuterol	60mgs/day	40mgs/day	20mgs/day			
Vit B12						
Product needed:						
Winstrol 10mg/tab	1 x 50 tabs					
Clenbuterol 40mcg/tab	1 x 50 tabs					
Vit B12 10ml	1					