

## Growth Hormone and Peptide Combination Stack - One day time table example

**IMPORTANT RULE - You do not have to inject at the times noted below as long as you administer it not within a hour before a meal and not within two hours after a meal. When your blood sugar spikes so does your insulin and insulin destroys your growth hormone**

Constitute all the peptides with 2ml and growth with 1ml of **BACTERIOSTATIC WATER!!!!** Not normal water.

	<u>CJC1295</u> 2000mcg	<u>GHRP6</u> 5000mcg	<u>Hexarelin</u> 2000mcg	<u>Growth Hormone</u>
5am - Injection		8 ticks on syringe 200 mcg	5 ticks on syringe 50 mcg	Mix in same syringe
Breakfast 6am				
8am - Injection		8 ticks on syringe 200 mcg	5 ticks on syringe 50 mcg	Mix in same syringe
Mid Morning Meal 10am				
12pm - Injection		8 ticks on syringe 200 mcg	5 ticks on syringe 50 mcg	Mix in same syringe
1pm - lunch time				
3pm - injection		8 ticks on syringe 200 mcg	5 ticks on syringe 50 mcg	Mix in same syringe
4pm Pre Workout				
5pm	Train	Train	Train	Train
6.30pm - Post Workout				
8pm - Dinner				
10pm	1ml 1000mcg (twice per week Sunday and Wed)			3IU Growth (Every night 2 hours after last meal) Can be mixed in same syringe as CJC1295

**Inject in the stomach under the skin as normal growth**

Total Required	8 Ampules 1600mcg	20 Ampules 38400 mcg	5 Ampules 9600 mcg	2 x 100IU Nomatropin 200IU
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