Growth Hormone Growth Cycle							
	Week 1	**Week 2**	**Week 3**	**Week 4**	**Week 5**	**Week 6**	
Nomatropin*	4IUs/day	4IUs/day	4IUs/day	4IUs/day	4IUs/day	4IUs/day	
Sustanon**	250mgs/week	250mgs/week	250mgs/week	250mgs/week	250mgs/week	250mgs/week	
	Week 7	**Week 8**	**Week 9**	**Week 10**	**Week 11**		
Nomatropin	4IUs/day	4IUs/day					
Sustanon	250mgs/week	250mgs/week					
Clomid***			50mgs/day		50mgs/day		
***Notes:**							
* HGH should be taken in divided/split dosages of 2 IU's twice daily (4IU's per day), one day on and then one day off.							
** Sustanon works especially well in these dosages with a view to repeating the cycle a few times in a year yielding similar results on t							
*** Clomid should be used for 5 days followed by a 5 day break and then for another 5 days.							
Product needed:							
Nomatropin	1 x 100Ius						
Sustanon	1 x 10ml						
Clomid 50mg/tab	10 tabs						

:he same dosages each time.